AN INSTRVCTION
FOR ALL THOSE THAT INTEND
to goe to the Sacrament of the
Lords Supper.

Question.

ARE *you minded to goe to the Lords Supper.*

Answer.

Yes, by Gods grace to renew my
Exod. 19. Covenant with God.

Q. *Why is it called the Lords Supper.*

A. Because Christ, after he had eaten the Pas-
Mat. 14. Luk. 22. chal Lambe. instituted it at evening, with his Dis-
Ioh. 13. ciples.

Q. *What did the Paschall Lambe signifie to the Iewes.*

A. It was a Type of Christ to come.

Q. *But Christ being come, is the Pascall Lamb, and all other Iewish rites finished.*

A. Yes, and the Lord instituted in the place
Heb. 12. of it, his last Supper.

Q. *To whom did Christ deliver his blessed Sacrament.*

A. To his Disciples.

Q. *After what manner did Christ institute, and deliver the Sacrament.*

A. First, he blessed the bread and wine.
Mat. 26. Secondly, he brake the bread, and powred out the wine.

Thirdly, he gave it to his Disciples.

Q. *What learne you by Christs blessing these two elements of bread and wine.*

A. First, it teacheth all Ministers to follow his example, in administring the Sacraments.

Secondly, it teacheth all beholders to put a difference betweene these elements, and common bread and wine.

Thirdly, when the Minister breakes the bread, and powreth out the wine, I call to mind, how
Ioh. 19. Christs body was broken and his blood shed for my sinnes.

Fourthly, that Christ gave it them, it teacheth me, that when the Minister gives me the bread and wine, I behold God the Father offering me his Sonne: The Sonne giving himselfe: And the the holy Ghost sanctifying the action.

Q. *How doe you receive it.*

A. As I receive the bread and wine, from the hand of the Minister, I by the hand of faith, receive the body and blood of Christ, and feed on him in my heart by beleeving, to eternall life.

For Examination.

Question.

WHat *ought every Christian to doe before he come to the Lords Table.* 1 Cor. 11.

A. He must examine himselfe.

Q. *In what manner.*

A. First whether he have the knowledge of God, and of his Sonne Christ. Ioh. 17.

Secondly, whether he hath a lively faith, to take hold on Christ and all his promises.

Thirdly, whether he hath a penitent heart, and Act. 2. 37. a godly sorrow for his sinnes past, with a pur- 2 Cor. 7. pose never to sinne any more.

Fourthly, whether he hath love first, to God, secondly to his neighbour, for the Sacrament is a communion of the mysticall body of Christ. Ioh. 15. 1 Cor. 11.

Q. *What if hee wants this charity to his neighbour?*

A. He hath no part in this communion.

Q. *What is then to be done; onely Christs rule.*

A. If thou bring thy gift to the Altar, first be reconciled to thy brother, and then offer thy gift. *Mat.* 5. 25. 26.

Q. *Who are else excluded.*

A. 1. If any man be a blasphemour, and a swarer, he is not to partake of it.

2. If any man be a drunkard, come not neere 1 Cor. 11. this Table of the Lord, for it is not for swine.

3. If a fornicator or adulterer, hee defiles the Eph. 5. 3. Temple of God.

4. If any be a prophaner of the Lords day, let Revel. 1. him know hee tramples Gods eternall Law Exod. 20. under his feete.

5. If any be a covetous person, or an oppressor of his neighbour, or a backbiter, a slanderer, Gal. 5. or an envious person against any, let them know: Rom. That they prophane the Lords Table; yea, they eare and drink their own damnation, because they discerne not the Lords body.

Q. *What doth this teach the Ministers of Christ.*

A. To be carefull as much as in them lyeth, to see that those that bee under their charge, bee fitted and prepared before they receive these holy Misteries.

FINIS.

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